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## Mature Services opens new Nutrition Center

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By Staff Writer

NORTH AKRON — Supporters gathered at Mature Service's new Nutrition Center for an open house Dec. 8. The new facility, at 1155 E. Tallmadge Ave., is where hundreds of meals are prepared fresh daily and delivered to the homes of older adults in the Akron area.

Those who attended had the chance to try out dishes ranging from Philly steak sandwiches and pork loin to steamed mixed vegetables, seasoned potato wedges and sweet potatoes cooked in maple dressing, as well as a selection of homemade pastries such as vanilla scones and mint chocolate brownies, according to event officials.

"These are samples of the types of food we prepare and deliver to our clients every day," said Catherine Lewis-Beaverly, Mature Service's director of nutrition. "We also provide them with menus, so they can customize their meals, and we provide special meals for those with dietary restrictions."

"We are really proud of our nutrition program," added Linda Valentine, president and CEO at Mature Services. "Our food and supplies are purchased locally wherever possible, which helps keep the money in our community and ensures that only the freshest ingredients go into our meals. As we saw the demand for this service growing we wanted to be ready, and thanks to a number of local funders we were able to equip this new center to meet that expanding need."

Shown above during the event is Hilda Kaufman (back turned) speaking with Valentine, with Inese Alvarez and Kathy Lance on the right.



Photo courtesy of Mature Services

For more information on meals through Mature Services, call 330-785-9770 or go to [www.matureservices.org/nu/nutrition.php](http://www.matureservices.org/nu/nutrition.php).

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