



# Women's Program



*Mature women have problems with alcohol and other drugs and get addicted faster, even when using smaller amounts, than any other group of adults. Tolerance for alcohol and prescription drugs falls with age and what used to be a safe amount of alcohol or other drugs when a woman was in her 30s or 40s can become dangerous in her 60s or 70s.*

The D. Bruce Mansfield Center is committed to eliminating barriers to recovery for middle-age and older adults who have problems with alcohol or other drugs.

We strive to provide specialized, high quality abstinence-based professional treatment that encourages, empowers and supports adults with this treatable disease.

We advocate that older adults be valued and treated with respect and dignity, without stigma and discrimination due to age and/or the presence of chemical dependency.

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**The D. Bruce Mansfield Center provides treatment to mature women in an environment that emphasizes:**

**Respecting values and attitudes**

**Developing coping skills**

**Being supportive**

**Rebuilding support networks**

**Creating family involvement**

**Understanding grief and loss**

## **SPECIALIZED WOMEN'S PROGRAM**

**Women's Groups**

**Individual Counseling**

**Case Management**

**Transportation**

**Women's Resource Center**

- Mature women are more likely to be hospitalized for substance abuse-related problems than for heart attacks
- Of 1.8 million mature women needing treatment, only 11,000 (less than 1%) are getting it\*
- Without treatment, on average alcoholism cuts 15 years off the lives of female alcoholics\*\*
- Women are twice as likely as men to die from alcohol-related diseases\*\*
- More women develop drinking problems later in life than do men

\* The National Center on Addiction and Substance Abuse at Columbia University

\*\*Aging & Addiction: Helping Older Adults Overcome Alcohol or Medication Dependence

*“Alcohol and drug addiction among older women has been referred to as a hidden epidemic”\**

If you think you or someone you know may have a problem with alcohol or other drugs, please call the D. Bruce Mansfield Center and speak with a member of our professional staff.

TO MAKE A REFERRAL, CALL (330) 253-4597 X 365

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[www.matureservices.org](http://www.matureservices.org)

The D. Bruce Mansfield Center is funded in part by: County of Summit, Alcohol, Drug Addiction and Mental Health Services Board; Ohio Department of Alcohol and Drug Addiction Services



Mature Services, Inc., a non-profit organization, provides a variety of services (including alcohol and other drug treatment, employment, homecare, emergency food and volunteer programs) to older adults in Ohio.